

# CRNA ALUMNI Update

volume 14 | 2014



Sandi Beier 1978

Joanne Haebig 1974



Vandela Hicks-Scherer 1977



RMH Workroom



CRNA Alumni Breakfast

## Celebrating!

This year marks the 125th anniversary of nurse anesthesia education at Mayo Clinic. The Mayo Clinic College of Medicine and School of Health Sciences is the oldest continuously operating nurse anesthesia training program in existence.

The legacy began with Edith Graham who was taught delivery of chloroform anesthesia by Dr. W.W. Mayo. Hired by Mayo in 1889, Ms. Graham was the first professionally trained nurse in Rochester and the only anesthetist at St. Mary's Hospital. Before leaving practice in 1893, Ms. Graham shared her vast knowledge of anesthesia with Alice McGaw, a fellow nursing graduate of Women's Hospital in Chicago.

Alice McGaw is known throughout the international anesthesia community as "The Mother of Anesthesia." This title was bestowed upon her by Will and Charlie Mayo for her education of nurse anesthetists and physicians in Rochester and around the world.

Since its inception, the program has produced over 2000 graduates for the profession of nurse anesthesia. The Mayo Clinic Nurse Anesthesia Program has and will continue to select and educate highly qualified bedside nurses, graduating compassionate and skilled nurse anesthesia professionals.

Please watch for more details regarding our upcoming celebration.

### IN THIS EDITION

Alumni Gala Photos

Nurse Anesthesia Program Update

Milestone Anniversaries

Highlighted Alumni

Making a Difference

A Family Affair

CRNA Spotlight

Retirements

Obituaries

CELEBRATING  
**125**  
YEARS  
of  
Nurse  
Anesthesia  
Education

## 2013 ALUMNI GALA



Jim & Sandi Beier



Felicia & Tony Johnson



Pamela Lovett & James Waldorf



William & Sally Strebig



Paul & Ione Styve



Kam & Tom Stelmak



Roger White & Mariiyn Crawford



Alice & Robert Johnson



Ron & Betty (Schroeder) Fahrenz



Richard & Janie Pressnall



Kelly (Genrich) & Adam Jacob



Katy & Mike Ebert



Cynthia & Chris Sill



Jen Shanahan & Monique  
Bowersox



Cori (Krambeer) & Kevin Arce



Holly & Aaron Tempel



Erin Martin & Robyn Finney



Sherman Dunn & Gloria Davis



Deb & Jack Denny



Christopher Dietz &  
Jo Anne Judge-Dietz

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## Returning in 2015 The BIG Gala



Class of 2003 Alumni



Jack Gruzca & Roger White



Alumni CMT Members



Senior Students, Class of 2014



Loyal Attendees; Elwood & Cheryl Wilkins

Mark your calendar for our next *Gala Event!*  
October 17, 2015

## PROGRAM UPDATE

### DNP/DNAP Degrees

We continue to have more and more CRNAs returning to school, both in the classroom and online, to complete their doctoral degree. Obtaining this degree takes a lot of hard work and commitment and we would like to recognize those CRNAs who have embraced this challenge! The alumni committee would like to congratulate Jean Jasienski, CRNA, DNP (University of Wisconsin-Eau Claire) and Jean Guyer, CRNA, DNP (University of Minnesota-Twin Cities) for completing their doctoral degree. Your commitment to advancing our profession serves as a great example to us all.

Please let the alumni committee know if you have completed your doctoral degree. We would like to recognize your accomplishments and give you the credit you deserve!

### DNAP Completion Program

In July 2014, two of our current CRNAs from Rochester will start the first class for Mayo's CRNA degree completion DNAP program. The newsletter would like to share a little information about these two individuals and congratulate them on such a big accomplishment!

Kristi Groves graduated from Mayo's Master of Nurse Anesthesia program in 2004 and is currently working in Neuro as a Lead as well as serving as one of our Chart+ Liaisons. Kristi lives in Rochester with her husband Cory (who is also a Mayo Nurse Anesthesia Alumni – Class of 2007), 2 girls (ages 8 and 4), 1 dog, and 1 cat. When asked why she wanted to go back for her doctoral degree, Kristi said "Degree completion is something that I always knew that I would do.

I feel that after 10 years working in anesthesia, I have established areas of interest that I can expand on through furthering my education. I will be able to absorb and utilize the information that I learn immediately." She chose Mayo's DNAP program as she felt that the school would develop an excellent curriculum that would expand on clinical expertise, leadership skills and educational goals of a CRNA postgraduate student. A random fact about Kristi is that she reads 1-2 books for pleasure each week; although, this will be put on hold for the duration of the program!

Robyn Finney received her Masters of Nurse Anesthesia Degree from Mayo in 2003. Robyn resides in Byron, Minnesota, with her husband Kyle, two daughters Taylor (9) and Rylee (8), and a yellow lab, Jasper. She currently works in the Mayo Gonda Outpatient Surgery Practice providing non-medically directed anesthesia for orthopedics, plastics, general, and pain cases. She is also a member of the Core Clinical Educator Group for SRNAs and has had an active role in developing a Journal Club for CRNAs. In addition, Robyn is a faculty member for Med City Anesthesia Seminars and will give four lectures at the conference in Seattle this fall. In response to why she wanted to go back for her doctorate and how she thought it would benefit her practice, Robyn said "In preparing lectures for Med City Anesthesia Seminars, I realized how stagnant we can become. We get used to routines and the comfort of delivering anesthesia. Doing literature reviews and talking with anesthesia colleagues currently enrolled in a DNP or DNAP program was stimulating, and it got me motivated to enhance my knowledge of our profession even further." Robyn also wants to be able to mentor SRNAs in a positive manner, as they pursue their doctorate degrees. She feels pursuing her DNAP will keep avenues open for such opportunities that may arise in the years to come. She chose Mayo's program because she values the Core Faculty Members as people and professionals. She also values the reputation that Mayo upholds and maintains. A random fact about Robyn is that she loves vacationing in Banff and Jasper, Canada, one of the most beautiful places on Earth!



Robyn Finney 2003,  
Kristi Groves 2004,  
Erin Martin 2005



Erin Martin



Robyn Finney



Mary Shirk Marienau 1979, Marlea Judd 1988,  
Jean Guyer



Kristy Kemp 2014 & Daniel Laurila 2007



Chelsie Larsen 2016, & Matthew Morgensen 2014



Mayo Clinic College of Medicine, School of Health Sciences, Master of Nurse Anesthesia Program 2014 Graduation Ceremony was held on March 15, 2014. 24 graduates

Row 1: Kristina Kemp, Jenna Steege, Megan Hofmann, Sarah Kane, Susan Hannifan, Mandi Moncrief  
 Row 2: Joseph Sorenson, Matthew Mogensen, Barrett Ahle, Jesse Stokke, Cadmar Araka, Todd Opdahl, Kissinger Anusionwu  
 Row 3: Lydia Mitchell, Anita Hadley, Rebekah Olson, Danelle Schneider, Jacinta Nkwonta, Erin Christensen  
 Row 4: Amy Koenig, Keri Kemp, Jennifer Burckhardt, Chelsey Aubart, Cara Mann

**MAYO SCHOOL OF HEALTH  
 SCIENCES MASTER OF NURSE  
 ANESTHESIA PROGRAM  
 CLASS OF 2014  
 GRADUATES – EMPLOYERS:**

*Barrett J Ahle, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Kissinger O. Anusionwu, BSN*  
 Employer: Abbott Northwestern Hospital, Minneapolis, MN

*Cadmar N. Araka, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Chelsey A. Aubart, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Jennifer L. Burckhardt, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Erin D. Christensen, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Anita A. Hadley, BSN*  
 Employer: Metro Anesthesia & Pain Management, West Des Moines, IA

*Susan K. Hannifan, BSN*  
 Employer: University of Arizona Medical Center, Tucson, AZ

*Megan M. Hofmann, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Sarah A. Kane, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Keri M. Kemp, BSN*  
 Employer: Hillcrest Hospital, Tulsa, OK

*Kristina E. Kemp, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Amy E Koenig, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Cara E. Mann, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Lydia K. Mitchell, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Matthew E. Mogensen, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Mandi L. Moncrief, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Jacinta A. Nkwonta, BSN*  
 Employer: Children's Hospital and Clinic of Minnesota, Minneapolis, MN

*Rebekah A. Olson, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Todd J. Opdahl, BSN*  
 Employer: Anesthesia Associates of Boise, Boise, ID

*Danelle D. Schneider, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Joseph P. Sorenson, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Jenna R. Steege, BSN*  
 Employer: Mayo Clinic, Rochester, MN

*Jesse S. Stokke, BSN*  
 Employer: Mayo Clinic, Rochester, MN

**WITH DISTINCTIONS  
 CLASS OF 2014  
 FACULTY AWARDS**

**Nurse Anesthetist Educator Award:**  
*Francie Lovejoy, CRNA, MNA*  
 St Mary's Hospital Anesthesiology

*Shala Bain, CRNA, MNA*  
 Rochester Methodist Hospital Anesthesiology

**Physician Educator Award:**  
*Jeffrey Pasternak, MD*  
 Associate Professor of Anesthesiology

**Special Recognition Awards:**  
*Jo Anne Judge-Dietz, RN, MHHS*

## STUDENT AWARDS

**Robert R. Johnson Achievement Award:**  
Keri Kemp

**Gilles, Nelson, Torrance Alumni Award:**  
Jesse Stokke

**Rebecca S. Finley Alumni Award:**  
Cara Mann

**Virginia B. Hartridge Achievement Award:**  
Danelle Schneider

**Robert A. E. Devloo Book Award:**  
Lydia Mitchell

## STUDENT POSTER AWARDS – MAYO CRNA ALUMNI ASSOCIATION

### 1<sup>ST</sup> PLACE AWARD - \$300.00

**Impact of Surgical Type on Informed Consent  
for Anesthesia**

Cara E. Mann, BSN, SRNA  
Jenna R. Steege, BSN, SRNA  
Jesse S. Stokke, BSN, SRNA

**Advisors:** Christopher M. Burkle, MD,  
*Associate Professor of Anesthesiology,  
Mayo Clinic College of Medicine*  
Jeffrey J. Pasternak, MD,  
*Associate Professor of Anesthesiology,  
Mayo Clinic College of Medicine*

### 2<sup>ND</sup> PLACE AWARD - \$250.00

**Analgesia after Ileostomy Closure:  
Role of Intrathecal Hydromorphone on  
Postoperative Bowel Function \*\***

Megan M. Hofmann, BSN, SRNA  
Lydia K. Mitchell, BSN, SRNA  
Rebekah A. Olson, BSN, SRNA

**Advisors:** Mary Shirk Marienau, CRNA, PhD,  
*Assistant Professor of Anesthesiology,  
Mayo Clinic College of Medicine*  
Adam K. Jacob, M.D., *Assistant Professor of  
Anesthesiology, Mayo Clinic College of Medicine*

### 3<sup>RD</sup> PLACE AWARD - \$200.00 (TIE)

**Anesthetic Implications for Patients with  
Hereditary Hemorrhagic Telangiectasia or  
Osler-Weber-Rendu Syndrome \*\***

Kissinger O. Anusionwu, BSN, SRNA  
Mandi L. Moncrief, BSN, SRNA  
Todd J. Opdahl, BSN, SRNA  
Danelle D. Schneider, BSN, SRNA

**Advisors:** Toby N. Weingarten, MD  
*Associate Professor of Anesthesiology,  
Mayo Clinic College of Medicine*  
Mary Shirk Marienau, CRNA, PhD  
*Assistant Professor of Anesthesiology,  
Mayo Clinic College of Medicine*

### 3<sup>RD</sup> PLACE AWARD - \$200.00 (TIE)

**Accuracy of Using Digital Palpitation of Pilot  
Balloon to Identify Acceptable ETT Cuff  
Pressures Preset Using Manometry \*\***

Chelsey A. Aubart, BSN, SRNA  
Kristina E. Kemp, BSN, SRNA

**Advisors:** Beth A. Elliott, MD,  
*Assistant Professor of Anesthesiology,  
Mayo Clinic College of Medicine*  
Mary Shirk Marienau, CRNA, PhD  
*Assistant Professor of Anesthesiology,  
Mayo Clinic College of Medicine*

## BOOK AWARDS

**Previous arterial injury, catheter diameter size,  
length, composition, number of  
puncture attempts, and duration of arterial line  
are associated with an increased risk of  
an arterial injury \*\***

Jennifer L. Burckhardt, BSN, SRNA  
Anita A. Hadley, BSN, SRNA  
Sarah A. Kane, BSN, SRNA

**Advisors:** Mary Shirk Marienau, CRNA, PhD,  
*Assistant Professor of Anesthesiology,  
Mayo Clinic College of Medicine*  
Gregory Nuttall, MD, *Professor of Anesthesiology,  
Mayo Clinic College of Medicine*  
Daryl J. Kor, MD, *Assistant Professor of  
Anesthesiology, Mayo Clinic College of Medicine*

**Case Control Study of Patients Receiving  
Naloxone within 48 Hours of Anesthesia**

Erin D. Christensen, BSN, SRNA  
Susan K. Hannifan, BSN, SRNA  
Amy E. Koenig, BSN, SRNA

**Advisors:** Toby N. Weingarten, MD  
*Associate Professor of Anesthesiology,  
Mayo Clinic College of Medicine*

Mary Shirk Marienau, CRNA, PhD  
*Assistant Professor of Anesthesiology,  
Mayo Clinic College of Medicine*

**Anesthetic Implications for Patients with  
Lambert-Eaton Myasthenia Syndrome**

Cadmar N. Araka, BSN, SRNA  
Matthew E. Mogensen, BSN, SRNA  
Joseph P. Sorenson, BSN, SRNA

Advisors: Toby N. Weingarten, MD  
*Associate Professor of Anesthesiology,  
Mayo Clinic College of Medicine*  
Mary Shirk Marienau, CRNA, PhD  
*Assistant Professor of Anesthesiology,  
Mayo Clinic College of Medicine*

**Postsurgical Complications in Patients  
with Polycythemia Vera**

Barrett J. Ahle, BSN, SRNA  
Keri M. Kemp, BSN, SRNA  
Jacinta Nkwonta, BSN, SRNA

Advisors: Toby N. Weingarten, MD  
*Associate Professor of Anesthesiology,  
Mayo Clinic College of Medicine*  
Mary Shirk Marienau, CRNA, PhD  
*Assistant Professor of Anesthesiology,  
Mayo Clinic College of Medicine*

*\*\*Denotes students who gave presentations at  
the seminar*

**MILESTONE ANNIVERSARIES**

**35 years** – Louis Letts, Joel Price,  
Debra Thomford

**30 years** – Rebecca Boenish, Dennis Forcelle,  
Julie Johnson, David Rettler,  
Cynthia Ryan

**25 years** – Tim Ahern, Luann Borst,  
Mary Branstad, Jay Martin,  
Connie Njus, Janna Smith

**20 years** – Rawan Amra, Kathleen Baratz,  
Heather Beck, Glen Kaiser,  
Lori Nuttall, Susan Ryan

**15 years** – Darlene Bannon, Jay Bergner,  
Joseph Carlson, Steve Comisky,  
Sarah Diedrich,  
Thomas Dobbe, Kyle Ellison,  
Rita Gasser, Cory Groves,  
Matthew Hathaway,  
Kathleen Henke, Dana Hertzfeldt,  
Marvin Hobbs, Joan Kilger,  
Stacey Licht,  
Emmanuel Lujero, Erin Martin,

Amy Neveau,  
Kimberly Oliver (Koch),  
Erin Pawlaski,  
Jane Peterson (Goergen),  
Kari Peterson, Tricia Renk,  
Hilary Walters, Susan Wigersma

**10 years** – Brooke Bailey, Sarah Billings,  
Emily Botten, Rachel Dunn,  
Claire Dutton, Paul Dye,  
Matthew Dyer, Terry Gran,  
Barbara Jerabek, Sean Loughran,  
Karen Nase, Jolene Stemmann,  
Marites Villarama

**HIGHLIGHTED ALUMNI**

**1958**

*John P. (Jack) Grucza* lives in Sun City, Arizona. Jack is retired from his position as a CRNA. He remembers his time at the Mayo Clinic School of Nurse Anesthesia as being an excellent academic and clinical experience. His advice to the current students at Mayo is to continue to improve your skills. John can be contacted at: [jpgcrna@icloud.com](mailto:jpgcrna@icloud.com)

**1960**

*Jack Hostak* resides in Rochester, MN with his wife Gloria. Jack is currently retired from his position as a CRNA. Jack and his wife lived in Fountain Hills, AZ for more than 25 years. They moved back to Rochester in mid-October and they are hoping to see some of their old Mayo friends at the Nurse Anesthesia meeting.

**1961**

*Patricia Kohlbeck* graduated from the Mayo School of Nurse Anesthesia in 1961. She currently lives in Mazeppa, MN.

**1968**

*Peter V. Goihl* lives in Fort Atkinson, Wisconsin with his wife Marla. He graduated from the Mayo Program in 1968 and is retired. Peter has enjoyed the study of hypnosis and acupuncture as it relates to anesthesia. His memories as a student at the Mayo Clinic include "Alice" in the orthopedics department which was his first exposure to anesthesia and a class he took on hypnosis at Mayo. Peter began his education in a one room school just outside the city limits of Lake City, MN and in keeping with this auspicious beginning, he wants the current students in anesthesia to strive to learn something new every day.

Peter shares an interesting experience he had that ended up helping him find his current employment in Fort Atkinson; "I was driving through Fort Atkinson on a business trip and I stopped to fill up with gas. A high school senior at the gas station raved about his town and convinced me to go and apply for a position in the Anesthesia Department. He was right. I started work here two months later and lived here ever since".

#### 1970

*Robert J Dorpinghaus* lives in Waverly, Iowa with his wife Mary. He graduated from the Mayo Program in 1970 and is retired. Bob was diagnosed with Parkinson's disease five years ago. He would like you to note his new address: 176 Augusta Circle, Waverly, Iowa 50677.

*Richard A. Pressnall* and his wife Janie live in Pine Island, MN. Richard graduated in 1970 as a CRNA. He is employed as a CRNA, doing locums, and is a Farmer/Rancher. Richard has been employed for 45 years as a clinical anesthetist and says that he still enjoys doing anesthesia, though he plans to retire soon. He can be reached at: greenbriarvalley@bevconn.net

#### 1972



Darrel & Patricia Simon

*Darrel Simon* and his wife, Patricia, live in Madison, SD. Darrel is employed as a CRNA at the Madison Community Hospital. His wife, Patricia, retired from her position as a 4th grade school teacher at St. Thomas School. Darrel came to the Mayo Program after completing a tour of

duty in a Mash Unit, the "22 Surgical Hospital". He says that this change in venue made Mayo look extra special. He has many great memories while attending school at Mayo, including the friendships that he made with fellow students and in particular his first instructor in orthopedics, Dr. Hartridge. Darrel has this advice to graduating students, "Study hard and learn all you can, but also remember to have a lot of fun. Once you take a job, that will be the Real World".

His first, current and only employment is in Madison, SD where he has been the solo CRNA doing all the cases and all the call for 42 years. He says that he is now ready to slow down and share the cases with another CRNA. He

states, "I have loved my work and consider my profession as a CRNA a great and rewarding way to spend my working years". Darrel is a strong supporter of the Mayo CRNA Alumni. He can be reached at: simonp@sio.midoo.net

#### 1974

*Charles J. Przymus* lives in Wheaton, MN. He is currently self-employed. He says that he received a great education at Mayo and his advice to new graduates is to stay at Mayo. Charles says that he has done independent anesthesia since graduating from Mayo in 1978 and wants to continue as long as possible. Outside of his normal employment, Charles has been involved in over 30 medical missions to Tanzania. There he supports an orphanage that takes care of challenged children.

*Robert J. Thompson* and his wife Barbara reside in Rhinelander, WI. He is retired. Robert's memories of the Mayo Clinic are those of dedicated educators and the closeness of fellow students. He wants the new graduates to take every opportunity to make themselves the best anesthetist where ever they go and always make the patient their primary focus. Robert says that his education and employment has afforded him the retirement that he longed for (i.e. summers in northern Wisconsin and winters in Tucson, AZ).

#### 1976



Joyce Kwekel Kronemeyer

*Joyce Kwekel Kronemeyer* lives in Grand Rapids, MI with her husband Don. Don is retired and Joyce works as a staff CRNA with a group of anesthesia providers called Anesthesia Practice Consultants. What Joyce remembers most about the Mayo Clinic is making

great friends, many of whom she has remained in contact with throughout the years. She also remembers long clinical days with evening classes and new anesthesia students joining the clinical and didactic setting each month. She states, "All the CRNA specialty supervisors kept the show running with great memories of socialization, too!"

Joyce's advice for graduating students is that you will never be as smart as you are as a new graduate and to study and work hard, as there is much more to learn when you move on. She states, "Mayo affords you a wealth of



experience to build upon. Do yourself proud. I envy the caliber of education you students receive!"

Regarding her work history, Joyce says that she has worked at many (13+) hospitals and ambulatory surgical centers in Michigan, Tennessee and Louisiana, and she has had wonderful experiences while serving on 20+ mission trips, giving anesthesia in Honduras, Mexico and Peru. Her free time is spent enjoying golf, book club, gourmet club, master gardening and studying Spanish. She hopes to retire from full time work in about three years stating that she still loves it. The photo includes her husband and her two sons Loren and Cullen. She states that she would love to hear from former classmates and can be reached at: [jkronemeyer@sbcglobal.net](mailto:jkronemeyer@sbcglobal.net)

**1977**

*Vandela Hicks-Scherer* lives in Rochester, MN with her husband, David Scherer. David, a CRNA also, has retired from the Mayo Clinic. Vandela continues to be employed at the Mayo Clinic as a staff CRNA. After many years of employment with Mayo she states that, "Anything is possible at the Mayo Clinic". Her advice for future graduates is to care and protect your patients as if they were your family. She also wants the graduates to remember that all they can control is their attitude and the anesthetic care of their patients. She says, "My being chosen as educator of the year, numerous times in my career, is one of the most humbling and gratifying experiences of my life. I always thought, 'I didn't do anything that special to deserve this'."

Outside of her employment with Mayo, Vandela enjoys landscaping, gardening, creating ponds with lily pads and aquatic life, cooking for her family, children and grandchildren and traveling. Vandela can be contacted at: [HicksScherer.Vandela@mayo.edu](mailto:HicksScherer.Vandela@mayo.edu)

**1979**

*Bonnie Peterson* currently lives in Northfield, MN with her husband, Luther. Bonnie works as a CRNA at the Northfield Hospital and her husband Luther is retired. She graduated from the University of Minnesota in 1989 with a BS in Anesthesia. What she remembers most about the Mayo Clinic are the great mentors she had. When asked, what advice can you give to the new graduates she states, "Study hard

and be the best". Bonnie worked for fifteen years with a CRNA only group from 1983 to 1998. She has worked in the rural hospital setting for most of her years in anesthesia. Her husband and she have two grown children. Bonnie can be reached at: [bonniegpeterson@gmail.com](mailto:bonniegpeterson@gmail.com)

**1991**

*Peter John Fecht* currently lives in Galesburg, Illinois with his wife Mary who is employed as a teacher. Peter is a CRNA at St. Marys Medical Center in Galesburg. He remembers going to school with, "great people" who were dedicated to knowing their field. His advice to future graduates is to study really hard. He remembers loving his time at the Mayo Clinic and mostly the people he met at the "WFMC".

**2006**

*Erin Finnes Lytle* and her husband Ted currently live in Shaker Heights, OH. Erin is a supplemental CRNA within the Mayo Clinic Health System and Ted is also employed by Mayo as a consultant. Erin can be contacted at: [Lytle.erin@mayo.edu](mailto:Lytle.erin@mayo.edu)

**2010**

*Tanya Dierksheide Pool* and her husband Steven currently live in Rochester, MN. Tanya works as a staff CRNA at Mayo and her husband maintains the home. Tanya is the mother of two wonderful children, Pierce and Ainsley. Tanya can be reached at: [pool.tanya@mayo.edu](mailto:pool.tanya@mayo.edu)

**2011**

*Charles Beinborn* lives in Dubuque, Iowa where he is employed with the Dodge Street Anesthesia Group. Charles graduated from the Mayo School of Health Sciences in 2011 with a Master's degree of Nurse Anesthesia. He remembers going to school with, "wonderful classmates" in the Siebens building and the interesting life of a Mayo educated nurse anesthetist in the OR. Charles advice to future graduates is to enjoy your time learning at the best hospital in the world. He wants his classmates to know that he is, "Just living the dream". He can be reached at: [beinborn74@hotmail.com](mailto:beinborn74@hotmail.com).

**2012**

*Katie Jacobsen* lives in Rochester, MN with her husband Jeff who teaches school in Stewartville, MN. Katie is employed by the Mayo Clinic as a staff CRNA. Her advice to

new graduates is to maintain the passion they currently have for great CRNA care throughout the duration of their career. Katie can be reached at: [jkjacobsen@hotmail.com](mailto:jkjacobsen@hotmail.com)

*Brittany J. Lyne* currently lives in Oregon, WI with her husband Travis who is a marketing manager with Baker Tilly. She is employed as a CRNA in Madison, WI with the Dean Health System/SSM. What Brittany remembers the most concerning her time at Mayo is the great classmates and friends that she made during her 2.5 years as a student. Her advice to graduating students is to study hard, but not to over think everything, know that you are smart and need to just relax and believe it. Brittany wants everyone to know that her husband and she greatly miss the friends they made while in Rochester and that they are busy building their lives again in Madison. They had their first child this past January! Brittany states, "It is great that the road between Rochester and Madison isn't too long and we get to visit or are visited by friends often".

*LeAnn Thisius* currently lives with her husband, Scott in Cannon Falls, MN. She is now employed as a CRNA at the Mayo Clinic.

#### 2013

*Kathryn (Kata) McLaren* currently lives in Minneapolis, MN. Kata is currently employed as a CRNA at the Children's Hospital and Clinics of Minnesota. Her advice to future graduates is simple, "One day at a time". Kata says that she is excited and thankful to be working in pediatric anesthesia, adding that Mayo gave her the education to set her up for a wonderful career. She can be reached at: [kataMcLaren@gmail.com](mailto:kataMcLaren@gmail.com)

*Tricia Renk*, along with her husband Wyatt, live in Rochester, MN. Tricia is employed as a staff CRNA at Mayo. What she remembers most about Mayo is its beautiful campus. Her advice to new graduates is to work hard every day, and to continue to stay focused because, "You can do it". Tricia can be reached at; [renk.tricia@mayo.edu](mailto:renk.tricia@mayo.edu)

### MAKING A DIFFERENCE



Gram Cotton Family

*Gram Cotton:* I graduated from Viterbo College in 1999 with my Bachelor of Science in Nursing. In August 2012, I completed my Doctor of

Nurse Anesthesia Practice from Virginia Commonwealth University. My work as a CRNA includes mission anesthesia work for Kenya Relief. My current anesthesia practice is located in Menomonie, WI at Red Cedar Hospital; a Mayo Clinic Health System critical access hospital. Since October 2010, I have been Director of Anesthesia (Chief Nurse Anesthetist) for our anesthesia practice which is a 5 person/all CRNA practice. We provide community anesthesia and anesthesia coverage for a variety of cases (Orthopedic, General, EENT, OB/GYN, Urology). Recently Red Cedar became an off campus rotation site for Mayo Clinic SRNAs. My position involves providing direct patient care and day to day departmental operations, purchasing equipment, establishing and maintaining department policies and procedures, department budgeting, reviewing case volumes, assuring positive patient outcomes through quality indicators, staffing and scheduling. My position has taught me the importance of developing and influencing teamwork. It has also shown me how I can make a positive impact on the people I come in contact with both at work and in the community.

My personal life includes my wife, Kealy, and three wonderful boys. Besides being an exceptional mother Kealy is a certified surgical technologist and student working to complete her degree in nursing. Our oldest child is Keyton, age 12, Kolbe in the middle is 9, and our youngest child is Maddex, 16 ½ months. Keyton and Kolbe are both exceptional in academics as well as baseball, basketball, and football.



*Matt Dyer:* I am originally from Thief River Falls, MN. I have been married to my wife Kristin for 9 years and we have 2 children. Our daughter Karsyn is 2 and our son Griffin is 7 months. We also have a yellow lab, Otis, who has been with us for as long as we have been married.

I received my Bachelor of Science in Nursing degree from the University of North Dakota. I am a 2011 graduate of the Mayo Clinic College of Medicine, School of Health Science, Master

of Nurse Anesthesia program. During my first year out of school I was able to travel with a medical team to Arequipa, Peru on a medical mission trip. The experience of serving others less fortunate, and the overwhelming gratitude they display, is something I will never forget.

I currently work as a resource CRNA at Mayo Clinic, Rochester. Being a resource CRNA means I float to most areas of our anesthesia practice: Saint Mary's campus, Rochester Methodist campus, and Gonda outpatient campus. I enjoy working in all areas, keeping my skills sharp in multiple specialties, as well as seeing friends and colleagues I might not see as often if I did not float. During the first few years I was on staff, I served as a member of the Resource Liaison Team. The team was developed to help advocate, promote, and establish our resource practice. More recently, I have been fortunate enough to be a part of the Core Clinical Educator Group (CCEG). This group is comprised of CRNAs from all areas of our practice who work with the Mayo Nurse Anesthesia Program. The CCEG promotes education and the development of clinical tools to help both SRNAs and CRNAs. During one of our initial CCEG meetings, I observed that CRNAs who have been a part of Mayo's nurse anesthesia practice for years, did not know other well established CRNAs from other specialties. Due to this observation, a desire to bridge this gap and bring our group closer together both socially and educationally, the idea of the CRNA Journal Club became a passion of mine. Thankfully, other colleagues share this passion. Within the CCEG, a CRNA subcommittee was formed. Members include Linda Anderson, CRNA, MNA (Class of 2002); Robyn Finney, CRNA, MNA (Class of 2003), Mary Shirk Marienau, CRNA, PhD (Nurse Anesthesia Program Director, Class of 1979); Marites (Tess) Villarama, CRNA, MNA (Class of 2011), Susan Wigersma, CRNA, MNA (Class of 2007) and myself. With the help and support of the CCEG and the incredible efforts of the CRNA Journal Club Subcommittee, our attendance and support has grown since our first meeting in September of 2013. Working as a resource CRNA and being a part of the CRNA Journal Club has reinforced and taught me valuable lessons. These lessons include staying motivated, a sincere concern for my patient's well-being, pride in my profession, a constant will to learn, and the importance of growing stronger as a group. The monthly Journal Club meetings have provided a regular opportunity for CRNAs across our entire practice to come together, socialize, share clinical experiences, review the anesthesia literature, and discuss current topics as a group. More importantly, the CRNA Journal Club has created an opportunity for our CRNA practice to become more engaged and empowers us to become a more cohesive entity. This all leads to the ultimate goals of thriving in the work place and providing the best possible patient care.



Karissa Goodrich

*Karissa Goodrich* received her BSN from North Dakota State University in Fargo, ND and her Masters of Nurse Anesthesia degree from Mayo School of Health Sciences in Rochester, MN. Karissa graduated from the Mayo Nurse Anesthesia program in 2010, and stayed at Mayo after graduation. She spends the majority of her time between South at Rochester Methodist Hospital, which includes gynecology, urology and plastics, and doing non-medically directed anesthesia in the Gonda outpatient surgery center. Besides being a member of the alumni committee, Karissa is also a member of the Core Clinical Educator Group and the Knowledge Management Council. Karissa is married to Aaron, and they have a 3 ½ year-old daughter Lily, and a 22 month old son Lincoln. As if all this is not enough to keep her busy, Karissa and Aaron formed Med City Anesthesia Seminars last year to provide high quality continuing education seminars to CRNAs. There are many great CRNA providers and speakers, and they wanted to give them a platform to share their knowledge and expertise with other CRNAs. They place an emphasis on networking during the seminars so that their attendees can get to know CRNAs from other areas. In the future, they will use different locations, speakers, and topics to keep the seminars new and exciting. They are also working on a curriculum to offer Review Courses for the Recertification Exam. So far, it has been an awesome venture and they have enjoyed meeting new people while having a positive impact on our profession. Check them out at [www.medcityanesthesiaseminars.com](http://www.medcityanesthesiaseminars.com)!



Katie Jacobsen

Greetings! My name is *Katie Jacobsen* and I am a wife (Jeff), mother (Bode-7 and Cal-4), daughter (Chris Hein CRNA- 1991 and Mike Hein CRNA- 1978), and CRNA. I graduated from our nurse anesthesia program in 2012 and was hired on staff at Mayo Clinic in Rochester as a CRNA after graduation. I enjoy working in a resource role providing anesthesia coverage to most of the surgical areas on the Rochester campus. Recently, I was given the opportunity to join a wonderful group of anesthetists in orthopedic surgery at Rochester Methodist Campus for 50% of my time. I am sincerely enjoying my new work friends, who enrich me both personally and professionally every day. The other 50% of my work time I spend rotating to where staffing needs are the greatest. This combination of workload provides me with an incredibly stimulating, and always interesting anesthesia practice. I absolutely love being a familiar face to nearly every area of anesthesia practice at Mayo Clinic Rochester.

As a graduate of Mayo's anesthesia program, I felt as though I was exceptionally prepared to be the best and brightest in our profession and for this I am extremely grateful. Upon graduation from anesthesia school, I decided to pursue my doctorate of anesthesia practice degree. For me personally, the hypothetical ball of education needed to keep rolling. People often ask about my rationale for this persistence. My answer to this inquiry can best be explained by stating that it is because I believe that it will make me a better practitioner in anesthesia.

In October 2013, I was elected as a Director on the Minnesota Association of Nurse Anesthetists board. I am deeply honored to have been peer selected to this position and I appreciate the trust Minnesota CRNAs have placed in me to represent them in many different venues. This has been an incredibly busy, but rewarding experience and I am really enjoying advocating for our great profession. My highest hope is that I serve CRNAs well and accomplish good things. Patients deserve our excellent anesthesia care, and the best way to ensure that patients continue to receive our care is to practice honorably and be present politically.

In the small amount of spare time that I have left after work, school, and MANA, I enjoy spending time with my family, reading, baking, crafting, playing soccer/baseball/football/biking with my children, and attending church. These are the activities that sustain my personal well being on a day to day basis and allow me to better serve my patients in the hallmark caring, compassionate CRNA way. Our profession is a gift to the world. I am proud to be a Mayo graduate CRNA!



Monique Bowersox

*Monique Bowersox, Class of 2004:* I walked the long hallway of the Brase Clinic in Migori, Kenya to sit outside for a quick break and feel sunshine on my face. We are in yet another diabolical winter back home in MN. Lined up all along the hallway are the many Kenyans from near and far who are waiting for surgery or a family member having surgery. There is a chicken wandering around, and it doesn't seem to phase anyone. I can't help but think he will be someone's dinner. It's Tuesday, and some have been here occupying a hard bench or chair since Sunday when patients were evaluated and given a potential surgery day. The logistics of traveling back and forth from their homes is far too costly and burdensome for most. They sit and wait quietly, patiently, tired and hungry without a single complaint. I nod and say "Jambo!" and feel guilty for craving a Diet Coke. They will wait until it is their turn, which may not be until tomorrow. I sit next to three women visiting and laughing with each other outside. After introducing myself I learn all of their names. Each one says, "Jambo Sister, and thank you, and may God bless you." I am curious of each of their circumstances and I learn that each one is here to have their large goiter tumor removed by our Kenya Relief ENT surgical team. They each unwrap their beautiful woven wraps from their neck to show me their tumor. I am secretly assessing whose airway will be the worst, mindful of the lack of a glidescope or anything of the like. Marysala, the woman with the best English, tells me about her family and that her husband will come tomorrow. I am surprised to learn these women didn't know each other before. It seems they have been each other's support and comfort. I suggest despite circumstances they have made new friends. Marysala puts her arm around me and says "and now you are our friend". There is a beautiful mural on the wall in the shape of Africa with the word HARAMBEE. I ask my new friends what this means. Marysala states, "In Swahili, Harambee means all pull together."



When I have been asked why I chose to participate in humanitarian medical mission work, I believe it is moments like this where I really feel the impact and power of what even one person

can have on another. Since graduation in 2004, I have participated in four medical missions each with their own stories, challenges, successes and impact. From Mexico to Honduras and now Africa, I have a priceless collection of memories and pictures that are a constant inspiration.

I am full of gratitude to Steve James CRNA and his Kenyarelieve.org for the opportunity to provide anesthesia care with Kenya Relief 2014 ENT Team #5 in Migori Kenya. What drew me to Kenyarelieve.org is its founder and president Steve James, CRNA. After the tragic loss of his nineteen year old daughter Brittany, Steve embarked on a personal journey of faith and purpose to create a lifelong memory honoring her faith and service. Steve traveled to Kenya many years ago in search of the Kenyan boy Brittany sponsored and to volunteer his anesthesia services. That initial journey has now culminated into a sixty acre property in western Kenya that includes an orphanage for 75 children, missionary housing, and the Kenya Relief Academy School. Near this property is the medical clinic and hospital where the surgical services are provided when the surgical teams visit.

Our team of 17 included five CRNAs, four surgeons, two residents, two nurses and several volunteers. All from different states and practices, most of us hadn't met until we boarded our flight for Nairobi in Amsterdam. Working along side us were several Kenyan nurses, interpreters, and scrub technicians. Some traveled from Nairobi and other surrounding areas to participate in our team. Over three long surgical days we completed 53 procedures. Approximately 100 patients were screened with some being sent to larger cities for further testing or given a referral for one of the upcoming surgical teams. General and ENT surgeons were part of our team and the cases consisted of anything from lipoma removal, to hernia repairs, to various goiter and parotid tumor removals.

Our CRNA team was exceptional! We compiled our experience, knowledge and skill to complete over 50 anesthetics. Challenges we faced included the electricity choosing to take a break occasionally, a handful of difficult airways, and lack of some monitoring equipment. We had to be extremely vigilant of our oxygen use as our cylinders started to run very low, and the nearest refill was over two hours away. This meant 1L flow, and no ventilator use. Supplies and drugs were plentiful as team members brought generous donations from their places of practice in the US.

Waiting for us after our long days were our kind and gracious hosts at the missionary house. Kenyan food is delicious! There is no such thing as low-carb in Africa. Our accommodations included mosquito net beds, hot showers, some dodgy internet, and all the bottled water you could need. The opportunity to interact with the children of the orphanage, attend a church service with them, and listen to their songs and stories was truly my biggest souvenir.

With 20 different surgical teams scheduled this year, Kenyarelieve.org will provide surgeries covering several specialties including ENT, plastics, GYN, general surgery, and pediatrics. This experience comes with my highest recommendation. Have I mentioned the safari at the end that includes two days traversing the Massai Mara Game Reserve and lodging at an amazing resort? I can only describe it as the trip of a lifetime.

Everyone asks me what I enjoyed the most or what was my favorite aspect of the experience. As with all the missions I have done I feel I return a better CRNA, and I have earned and cherish that. There are spiritual, intellectual and emotional gifts that are difficult to describe. Immense perspective is found when you rise to impact something bigger than yourself. Perhaps this experience it was my three "new friends", all of which I took care of for their surgeries on our last surgical day. Four women and a little Harambee. God Bless, Monique

#### INVOLVEMENT

- University of North Dakota College of Nursing program 1996
- Started Nursing career at Mayo in 1996, worked in Gyn surgical floor/NICU
- 2004 graduate Mayo Nurse Anesthesia Program
- Staff CRNA Multispecialty and Gonda practice - preceptor
- MANA Board of Directors member – PR committee chair, social media development



- AANA Practice committee and served on AANA Public Relations committee for last three years.
- Currently serve on Mayo Advanced Practice Nursing Conference planning taskforce
- Provided anesthesia on four medical missions in various places including Mexico, Honduras, and Kenya.

## FAMILY AFFAIR

### Multiple Generations in Anesthesia Kathy Mitchell and her daughter Lydia Mitchell



Lydia Mitchell, 2014 &  
Kathy Mitchell, 1995

*Kathy Mitchell* worked as an RN in the local community hospital. It was there she was first exposed to Nurse Anesthetists. The attending surgeons employed 4 CRNAs that covered 2-3 small hospitals and she saw the critical importance of their role in the hospital. She visited with them and developed an interest in their work and the care they provided for the surgical patients. She graduated in 1995 from Mayo School of Health Related Sciences Nurse Anesthesia program with her diploma. She accepted a job at Mayo and in 1999, completed her Masters of Nurse Anesthesia.

Kathy said "Becoming a CRNA was the best career decision for me! It is an awesome profession. To me, providing anesthesia is the most critical of cares. You are taking care of the patient who can't take care of themselves. I strive to do my best for each and every patient/family. I am continuously learning and being challenged. I love the work and enjoy interacting with such a wonderful group of professionals."

When asked if she encouraged her daughter to follow in her footsteps, she answered, "When Lydia began showing an interest in nursing and anesthesia; I was cautiously optimistic and encouraged her. I knew the road was long and I wanted her to be sure that she was doing it for the right reasons and not because of me. I gave her advice when asked and opportunities to learn more about the profession. My most sincere advice to Lydia was: Get a job that you enjoy, which will provide for yourself and family if the need arises, love where you work/go to school, and get your education done before you have a family!! I am a very proud Momma and look forward to working side-by-side with my daughter."

*Lydia Mitchell* graduated with a BSN from Mount Mercy University in Cedar Rapids, IA. At that time they offered a program where you could sit for your nursing boards during your junior year allowing her to work full time as an RN while she finished her BSN. She worked her senior year at Mercy Medical Center in Cedar Rapids in a 20-bed general ICU. She worked there until starting Mayo Clinic's Nurse Anesthesia Program. Lydia graduated and began her career as a nurse anesthetist at Mayo Clinic in April of 2014.

"Mom has always been a huge mentor in my life and at a very young age I knew I wanted to become a nurse and had always dreamt of becoming a Nurse Anesthetist. But looking back, I didn't realize what an amazing profession it was. Growing up people would ask me what my parents did and when it came to my mom I would say, 'She is a Nurse Anesthetist' and as they would look puzzled I would finish with 'she puts people to sleep for surgery'. It wasn't until high school when I shadowed her in the operating room that I really found out what 'putting people to sleep for surgery' really meant. It was then I realized the importance of Nurse Anesthetists in the patients' surgical experience. From then on my goal was solidified.

Being able to comfort patients and their families during one of the most vulnerable, stressful states of their surgical experience has to be one of my favorite parts about this profession. I also enjoy the constant critical thinking and continued learning that comes with the title.

I honestly don't know what I would have done without my Mom's constant support, guidance and reassurance throughout the program. Before starting the program Mom and I were close but this journey has really strengthened our relationship. I am forever grateful for that and look forward to many more years of continued advice and what not to do's from both of us."

Lydia was asked why she chose Mayo Clinic's Nurse Anesthetist Program. She responded, "It offered me some of the best clinical experience and education from world renowned health care professionals. The program also proved its elite status with the most recent site accreditation visit."

### WHAT IS A CAREER FESTIVAL?

Each year in the fall, Mayo sponsors a Health Care Career Festival in the fieldhouse at Rochester Community and Technical College. This festival is for high school students throughout Southeast Minnesota who are interested in a career in the healthcare field. For the last several years Mayo CRNAs have been representing our profession at this all day event. With the help of support staff we take an anesthesia machine and a variety of equipment out to the fieldhouse for hands on experience for the students. We answer questions and help students understand what our job involves including what steps to take to become a CRNA. We also give a formal presentation to students twice during the day. It is great fun and a wonderful opportunity to inform young people about our profession. In 2013 nine hundred students from SE Minnesota attended career fest. Julie Johnson CRNA was there educating students and had this to say about the experience, "Career Fest 2013 was a fun day of interaction with high school students. The nurse anesthesia booth had a continuous stream of students with many returning more than once to ask questions or attempt one of the skill stations. The energy and excitement levels were high and the day flew by as we discussed our outstanding career choices. " Career Fest will celebrate it's 10th anniversary in October 2014 and CRNAs will be there!



Tammy Haight 2007 with students & teachers



James 2004 and Jenna Muggli 2008 with students



Biswajit Paul 2003 with student

### ALUMNI ROOM AT THE CRNA SEMINAR

WHAT IS THE ALUMNI ROOM AT THE CRNA SEMINAR? AND...

WHAT DOES IT MEAN TO BE AMONG THE "HONORED YEARS" AT THE CRNA SEMINAR?

These are great questions that need to be answered! The Alumni Room at the Annual Mayo Clinic Seminar each year is located just outside the lecture hall, which is usually Phillips Hall. On the second full day of the seminar from 9 am until the last break of the day two tables are set up with photos and older anesthesia equipment for all attendees to enjoy. However, the best part of the alumni room is the retirees and other alumni that occupy the area throughout the day. They are there to visit with you and reminisce about days gone by. Furthermore, they love to hear about current practice and life updates from you! In 2013 we added prize drawings to our alumni room thanks to Joan Hunziker Dean. When you stop by the Alumni room you can add your name to the hourly drawing and have the chance to win a gift from the alumni association. Please visit the alumni room at the seminar Thursday, October 23, 2014. It is a great time to drop off a current biographical sketch or make a donation to our alumni association. *We look forward to seeing you!*

The "honored years" at the seminar is a designation that you graduated either in the current year or any year at a five year interval previous to the current year. For example, the honored years at the 2014 seminar will be 2014, 2009, 2004, 1999... with all years graduated ending in 4 or

9 considered the honored years. Being one of the honored years at the seminar you will receive a small gift from the Mayo Clinic College of Medicine Alumni Association that can be picked up in the alumni room on the second full day of the seminar from 9 am until the last break of the day. However, the most important part of being an honored year is to gather with other classmates to have a picture taken together. This can be done either at the reception following the first day of the seminar or on a break during the second full day of the seminar. We will ask our seminar moderator to announce this for us as a reminder to you. Please remember to pick up your gift and have your picture taken during the 2014 seminar!

## EDUCATIONAL ENHANCEMENTS



Gen II Ultrasound  
Central Line Model with  
Transparent Insert



Regional Anesthesia Ultrasound  
Training Block Model

As graduates of Mayo Clinic's Nurse Anesthesia Program, we wanted to inform you of two educational products we hope to purchase that will further strengthen the training of current and future nurse anesthetists. With the addition of ultrasound to the practice of anesthesiology, the role of ultrasound-guided regional anesthesia has rapidly expanded. In an effort to keep our graduates competitive with other programs in ultrasound and regional anesthesia experience, we hope to add two simulation trainers for our students to utilize during their training: a Nerve Block Training System and a Blue Phantom Ultrasound Training Model.

We appreciate the time and effort you have already given to Mayo. We hope that you might consider donating to Mayo Clinic's Nurse Anesthesia Alumni Fund to support the Program's ongoing educational needs.



Erin Pawlaski & Karen Eckerman 2007



Jack Cambest 2018 & Kat Ojalvo 2015



Barrett 2014 & Heidi Ahle 2013



Karen Eckerman, Kelly Jacob,  
Susan Wigersma & Erin Pawlaski  
2007 Graduates



## CRNA SPOTLIGHT



Kathy Anderson



Kathy Anderson Family

*Kathy Anderson* is a highly accomplished Mayo Clinic alumnus who first became interested in Nurse Anesthesia working as a Neonatal Nurse Practitioner. After thirteen years as a flight team member, a helicopter carrying her and several other team members crashed. Thankfully, everyone survived. Soon after this experience, Kathy asked herself a defining question... did her future include a career as a flight nurse? Having encouraged her sister to pursue nurse anesthesia, Kathy found herself looking down the same career path. She received her Nurse Anesthesia certificate in 1995 and her Masters in Nurse Anesthesia in 1997 with a focus on education. Shortly after graduation, she moved to Sioux Falls, South Dakota to become the Clinical Student Education Coordinator for the Mount Marty Nurse Anesthesia Program. Kathy found a true niche in education and excelled in her new role. Her passion and dedication to her students was showcased when Kathy was awarded the AANA Clinical Instructor of the Year award in 2002.

Family is extremely important to Kathy. She currently lives in Sioux Falls with her husband, Tony. Her daughter, Stephany, is studying at the Fellowship of Catholic University in Greeley, Colorado. Another daughter, Audrey, lives in Sioux Falls and is employed with Wells Fargo and co-leads a young Catholic ministry. Her third daughter, Emily, tragically passed away. While faith in God was always important to Kathy, it is now pivotal in her life. She continues to have a very busy career. Over the past year, Kathy started a new role as Co-Lead for the Critical Pediatric Nurse Anesthesia team at Sanford Health, which serves to provide anesthesia for the most challenging pediatric cases. Kathy also works as locum tenens at several hospitals and surgical centers throughout South Dakota and Minnesota.

Kathy has had a highly dynamic and successful career. When asked what career advice she would offer to others, Kathy speaks from the heart: "My advice to anyone teetering on the fence of doing something very challenging, don't be afraid to do it! When all the hard work is done, the grueling hours of preparation and study are over...when the task is accomplished after you poured your whole being into it and it turns out great... you will soar like eagles for decades, just being carried by your accomplishment." Kathy truly has set high standards for herself. She is a great role model for her students and all Mayo Clinic alumni.

### Licensures/Affiliations

- Neonatal Nurse Practitioner-NACCOG certified 1982-present
- Certified Registered Nurse Anesthetist 1995-present
- American Association of Nurse Anesthetists
- South Dakota Association of Nurse Anesthetists
- Nominations Committee 1998
- Program Chair 2000, 2001 & 2002 Fall Meeting
- Past Neonatal Resuscitation Program Instructor

### Achievements

- Presented "Pediatric Obesity-Tipping the Scale Toward a Safer Anesthetic" at the 2010 MANA and 2010 SDANA Annual Fall Conferences
- Development of a computerized "Pediatric Surgery/Anesthesia Medication Dosing Chart"; Helen Beckman Fiechtner, Pharm D, Bonnie Becker, RN; Stan Gartner, CRNA, Kathleen Anderson, CRNA and RJ Lunn, MD; poster presentation at 2008 Pediatric Pharmacy Conference (17th Annual PPAG Meeting), Baltimore, MD; October 4, 2008
- American Association of Nurse Anesthetists National Clinical Instructor of the Year Award 2002
- Nominated and presented "Morbid Obesity" at the 1994 Mayo Alumni Seminar
- Presented "Ebsteins Anomaly: Pathology and Implications for the Pediatric Patient" at the 1996 Mayo Alumni Seminar
- Delivered the Commencement Address for the 1996 Nurse Anesthesia Graduates at Mayo School of Health Related Sciences
- South Dakota Nurse Practitioner of the year 1992
- Nominated to represent Sioux Valley Intensive Air for the 1987 Bill Marriot/Carlson National Transporting Award
- Sigma Theta Tau member, South Dakota State University

## RETIREMENTS - 2013



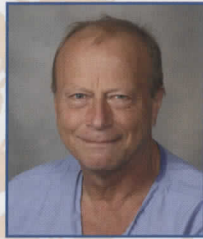
Lorrie Bennett  
10/18/13



Terry Egbers  
11/19/13



Beth Fieck  
06/14/13



Richard Vanderbosch  
11/30/13



Mavis Ward  
10/21/13

## TRIVIA

Q: Which former President of the United States had a mother whom practiced as a CRNA for 35 years?

A: The 42<sup>nd</sup> President of the United States, William Jefferson Clinton. President Clinton's mother, Virginia Kelley Clinton, practiced as a CRNA for 35 years. In 1994, the American Nurses Association (ANA) Board of Directors chose to endow a research fund focused on women's health in Kelley's name.

Retrieved from: <http://www.theamericannurse.org/index.php/2013/07/01/celebrating-virginia-kelley-cma-20-years-and-counting/>



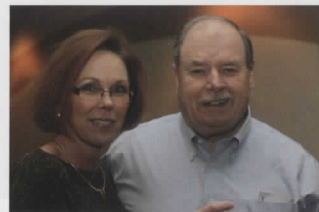
Ryan Peterson 2007 & Brittini Burnett



Tom Maiers 1981 & Craig Kluck  
1984



Kristi Kemp 2014 & Chelsey Aubart 2014



Patty 1993 & Bob Conway 1972



Jesse 2014 & Kara Stokke

## OBITUARIES

### Rochester:



Steven Molde

*Steven R. Molde, 49*, of St. Cloud, passed away on January 30th, 2014 from an accident while on vacation in the Dominican Republic. Steve was born in Montevideo, Minnesota to Ronald and JoAnn (Brink) Molde. He graduated from Montevideo High School in 1982. Steve married Sheila Slagter on December 27, 1985 at Hope Reformed Church in Montevideo. He was a graduate of SDSU with a degree in nursing and received his anesthesia training from Mayo School of Health Related Science in Rochester. He was employed as an anesthetist for Anesthesia Associates in St. Cloud for 22 years. He was an active member of Atonement Lutheran Church. For the past 17 years, Steve was a leader in Scouting, serving as scout master, committee chair, unit commissioner, and was a mentor to many scouts. He loved sailing, hiking, motorcycling, camping, biking, geocaching, canoeing, boating and tennis. He particularly enjoyed the peace of the Boundary Waters and Isle Royale. Steve had a great sense of humor and was always friendly and talkative. He could make a great rhubarb dessert! Steve loved spending time with his family and throwing treats for Potter.

Survivors include his loving wife, Sheila; sons, Joseph (fiancee Carly Dooley) of St. Paul, and Adam of St. Cloud; parents, Ronald and JoAnn of Montevideo; brothers, Brian of St. Paul, and Nathan (Darci) of Montevideo; mother-in-law, Ruth Slagter of Montevideo; sisters and brothers-in-law, Nancy Schoep (Arvin), Susan Slagter (Jeff Dean), Kay Westlie, and numerous nieces and nephews.

Memorials are preferred to Luther Crest Bible Camp, Atonement Lutheran Church, or Many Point Scout Camp.

Alumni Mission Statement: Mayo nurse anesthesia alumni will promote professional and personal relationships on local, national, and international levels. The Mayo Nurse Anesthesia Alumni Association will support nurse anesthesia students, educators, and alumni in their pursuit of excellence in education, research, and patient care.

## COMMITTEE MEMBERS



Lucyna E. (Lucy)  
Aho



Linda K.  
Anderson



Lori K. Brundige



Tammy G.  
Buchanan



Julie S.  
Castagno



Joan M.  
Hunziker-Dean



Sean Hurley



Karissa  
Goodrich



Kelly A. Jacob



Marlea A. Judd



Debra A. King



Rebecca F. King



Kathleen L.  
Latcham



Mary Shirk  
Marienau



Deborah R.  
Maiers



Tanya M. Pool



Ericka J.  
Slivinski