

Mayo Clinic CRNA Alumni Update

Greetings Mayo Alumni,

We are happy to bring you another Mayo Clinic CRNA Newsletter. We have received many biographical sketches and pictures during this past year, and we hope to share some of this information with you. If you do not see your information in this publication please know that we have had your sketch typed and placed in our Alumni Biographical Book. Our hopes are to have the book copied, bound and made available to you in the future. Unfortunately, we have not had the time or the staff to achieve this lofty goal. So this year we have increased the size of our Alumni committee in order to serve you better.

Our new members are Lorrie Bennett 91, Sandi Beier 78, Darrin Hill 01, Eric Herrold 99, Craig Kluck 84, Kathy Latcham 79, Francie Lovejoy 01, Carolyn Woodle, 79, and Carol Wallace 59 .

The rest of our committee is made up of Terri Egbers, Mary Marienau, Joel Price, Joan Hunziker-Dean, Ione Styve, Lori Brundige and Betsey Smith. As you can see this group is comprised of many talented, energetic and fun people who keep our CRNA Alumni Committee alive and strong. I hope you enjoy the 2nd edition of our newsletter and please continue to share the news in your life with us. We truly cherish this information.

Sincerely,
Marlea Judd, CRNA, MNA
Mayo Clinic CRNA Alumni Chairperson

AANA Convention - Mayo CRNA Alumni Hospitality Room



Last year we had approximately 35 alumni attend the hospitality room at the San Francisco annual meeting. It was a wonderful way to see alumni from across the nation. This year we will be meeting in Orlando, FL at the Peabody Hotel. The reception will be held from 6:30-8:00 pm in Bayhill II and III. We hope to see many of you there!

Recent Retirees

The Mayo School of Health Sciences, Masters of Nurse Anesthesia program honors the following Mayo Clinic staff CRNAs retiring in 2002.

Steven P. Schmidt started his career at Mayo in 1967 as a nurse aid. He decided he enjoyed the medical field and its opportunities. Steve contacted Dr. Hartridge to learn how he should proceed with his plan. He graduated from Mayo's Nurse Anesthesia program and became the Anesthesia Supervisor in the Urology Department at Rochester Methodist Hospital. He held this position for 24 years. Steve's next move was to St. Mary's Hospital where he has worked for 5 years. Steve retired in the fall of 2001. After a 34 year career at Mayo, Steve is spending time with his grandchildren and his hobbies of fishing, clay shooting, and cooking. He continues to work supplemental at Mayo and also works locum tenem in the Twin Cities.

Kathleen L. Latcham graduated from the Methodist Kahler School of Nursing in 1967 and worked for 2 years for the school as assistant to Medical Science instructors. Kathy then worked at Methodist Hospital in the surgical unit, ER, ICU-CCU, until she entered anesthesia school in 1977. After graduation from the Mayo School of Nurse Anesthesia in 1979, Kathy continued to work at Methodist Hospital as a nurse anesthetist, clinical instructor, and a member of the OB Anesthesia Core Group. During that time, Kathy also earned both her Bachelor of Science and Master of Science from Winona State University. Kathy and her husband, John, plan to spend more time on their boat in Red Wing, Minnesota and their winter home in Fort Myers, Florida. She is also looking forward to spending more time with her family. In April 2002 Kathy returned to Methodist Hospital as a supplemental nurse anesthetist.

Christene Henricks started her nursing career at Mayo Medical Center in 1966 working on the floor, ICU, and as a surgical nurse. Nurse Anesthesia had been a personal goal that Christene set for herself early in her career. After delaying that goal to have her family, Christene was personally

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encouraged by Dr. Thye to apply to the school. She graduated from the Mayo School of Nurse Anesthesia in 1981. She worked in St. Mary's Hospital Multispecialty area as a clinical instructor and a staff nurse anesthetist. She also served on many departmental committees. Christene retired from Mayo in December 2001. Christene plans to spend more time with her family, friends, and pursuing personal interests. She returned to work at St. Mary's as a supplemental nurse anesthetist in April 2002.

Sandra J. Beier started her career at Mayo in 1969 as an x-ray technician. After becoming a RN, she did floor nursing and worked in General and Orthopedic surgery. She was encouraged by Jean Tiemens, CRNA, to go into anesthesia. Sandi graduated from the Mayo School of Nurse Anesthesia in 1978. For 12 years she practiced as a CRNA at St. Mary's Hospital, and then moved to Methodist Hospital in 1990. She worked as a CRNA in the Orthopedic corridor until December 2001. During those years, Sandi earned a Bachelor's Degree in Nurse Anesthesia from the University of Minnesota. Sandi said, "I have always loved working in anesthesia, both the work and all of the great people. I never had planned to retire so to me I have not! I merely have changed my status. I plan to return to work in April 2002 as a supplemental nurse anesthetist."

Margaret Eggenberger worked for Mayo in different positions for 39 years. Marge was an LPN in the ER at St. Mary's as well as an RN in Plastic Surgery before attending anesthesia school. She graduated from the Mayo School of Nurse Anesthesia in 1980 and since that time has worked as a Rochester Methodist Hospital staff CRNA and Clinical Instructor. Marge spent a great deal of time in OB anesthesia and was a member of the OB Anesthesia Core Group. She plans to work as a supplemental CRNA after her retirement. Marge loves skiing, photography, and traveling.

Honored Alumni

Each year at our seminar we honor alumni on their 5 year anniversaries. This year we will be honoring the graduates from the following years: 1947, 52, 57, 62, 67, 72, 77, 82, 87, 92, 97, and 2002.

The following short synopses are taken from the biographical sketches returned by this year's Honored Alumni.

Class of 1952 (10 total graduates)

Darius J. Adams was one of three men in the first class that accepted male anesthesia students at the Mayo Clinic. After graduation, he stayed in Rochester and worked in neurosurgery. Darius then moved to Marshfield, Wisconsin, where he practiced anesthesia until his retirement.

Arleen (Kozielecki) Mazgaj worked at Buffalo, New York, Mercy Hospital for 43 years before her retirement. Arleen's personal quote is, "If you can't sleep, don't count sheep, you'll become a cynic; Instead, give Arleen a buzz, she trained at Mayo Clinic." Her advice to students is, "Don't be a clock watcher-you'll learn a lot more by working overtime and going into other OR rooms when your case is completed."

Ruth Bozikowski worked at St. Mary's hospital in Rochester until her retirement. She now resides at Karrington Cottages in Rochester, Minnesota.

Renee E. Casperson worked at Methodist Hospital in Rochester until her retirement. Renee passed away shortly after the Mayo Fall Seminar in 2000. At that meeting we were fortunate enough to video tape Renee in an alumni group interview.

Gerald K. Sandquist retired in 1988 at the age of 67. During his practice he was proud that he provided regional anesthesia for 54% of his cases. He practiced and enjoyed anesthesia for 36 years.

Class of 1962 (16 total graduates)

Ronald F. Caulk spent 33 "wonderful" years in clinical practice as a nurse anesthetist. His current title is Executive Director for the International Federation of Nurse Anesthetists. His wife, Susan, is the Director of Continuing Education for the AANA. (RCAULK@AANA.com)

Edward Hack worked as a sole provider in a small community and loved nearly every minute of it. He was able to juggle work while serving on several boards. Presently, Edward is a part time nurse anesthetist at the Oregon Eye Surgery Center in Eugene, Oregon. His advice to students is "Your education is just beginning when you graduate." Indagrove2@ao.com

Ann C. Holland retired as anesthetist in 1985 and is currently an artist-sculptor. Her work has been displayed and sold in numerous galleries in Scottsdale and Carefree, Arizona. Ann is currently living in Manchester, Tennessee.

Margery Cook MacMullen spent her professional career at Mayo Medical Center in Rochester, Minnesota before her retirement several

Do you have any pictures you would like to donate?

We would welcome donations of new or old pictures from your time spent here at Mayo. We share these pictures with alumni who come to our fall seminar and everyone enjoys them. Please keep us in mind when you look through your photo albums.

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years ago. Marge and her husband, Harold, now enjoy their retirement in Apache Junction, Arizona. aulwyn@juno.com

William Strebig and his wife, Sally, worked in Montana and Colorado for 22 years. Some of their greatest satisfaction came while working mission hospitals in Haiti, Ecuador, and Peru, where "third world" areas really need the services. Currently retired, William lives in Troy, Ohio. bstrebig@gateway.net

Class of 1972 (24 total graduates)

John Hoopes works at Mercy Health Systems in Janesville, Wisconsin. His advice to students is to take maximum advantage of the various learning opportunities offered at Mayo. He feels that his Mayo education served both himself and his patients well throughout his career. yaucher@inwave.com

Barbara (Lundell) Johnson said her decision to pursue nurse anesthesia provided her with the most challenging experience in her life. She remembers being one of the first women anesthetists to work with Dr. Devloo and to provide anesthesia for Dr. McGoon's patients in cardiac surgery. Barbara now lives in Belton, Texas.

Arnold Norman said he has had a very rewarding career in anesthesia. He cannot think of any other career he would rather have had except possibly a full time commercial pilot. He practiced anesthesia his entire career in Viroqua, Wisconsin. He is still enjoying both the hospital and the community.

Mae Olson retired from Mayo Anesthesia Department several years ago. She had a successful career with the Mayo School of Nurse Anesthesia and in cardiac anesthesia. May now resides in Floodwood, Minnesota.

Ken Robinson is an Anesthetist per contract and lives in Evanston, Wyoming. His advice to the students is "be very eager and get all the cases you can."

Darrel Simon has been a solo CRNA since his graduation in 1972. Since his graduation, he has practiced at Madison Community Hospital, Madison, South Dakota. His advice to the students is "study hard and try to learn a lot, but also have fun before you get into the real world." simonp@hcpd.com

Class of 1982 (36 total graduates)

Barb (Christopherson) Kleven lives with her husband and son in Wayzata, Minnesota. She has worked at Fairview Ridges Hospital in Burnsville

since she left Mayo in 1985. Barb says she has a great respect for anesthesia and in spite of its challenges, she still looks forward to the next case. nevelk@mn.uswest.com

Wanda (Guidry) Marley is a Physiology Professor (PhD) at Colorado State University in Fort Collins, Colorado. Wanda is married to Rex Marley, another nurse anesthesia graduate from Mayo. Rex is a CRNA at Poudre Valley Hospital. Her advice to future graduates is to "Extend yourself beyond the clinical area. Keep abreast of academia and research. This will help the public gain a better appreciation and respect for CRNA's" marley@cahs.colostate.edu

Michael Quinn is a CRNA supervisor at St. Mary's Hospital in Rochester. Since graduation, Mike has worked at St. Mary's cardiac anesthesia as a CRNA, clinical instructor, and Assistant Supervisor. In 2001 Mike earned his Master of Nurse Anesthesia from Mayo's CRNA Degree Completion Program. He still enjoys motorcross. Quinn.Michael@mayo.edu

Jerald Kvasnicka is currently the CRNA Supervisor of the North Division at Rochester Methodist Hospital. He was a staff CRNA in Cardiac and Neuro before becoming Assistant Supervisor in Neuro, then a Supervisor at Rochester Methodist Hospital. He recently received his Master of Arts Degree in Organizational Management from Concordia College, St. Paul.

Jan Stewart has spent most of her years since graduation practicing anesthesia in the Seattle area. In 1999, Jan was the President of the AANA. She has been heavily involved in the performing arts, and is a contributing member of the Seattle Repertory Theater, A Contemporary Theater and The Empty Space Theater. 102232.1651@compuserve.com

Joe Stumvoll has been a practicing CRNA and clinical instructor at St. Mary's Hospital Mayo Rochester, since his graduation. His advice to future graduates is "put together all of the multitude of inputs that you have received from all of us and put them together so you can pull out the best of it all for your own practice as a CRNA." Stumvoll.joseph@mayo.edu

Class of 1992 (21 total graduates)

Sharon R Brandt is the MSHS Nurse Anesthesia Program's Clinical Rotation Coordinator and a staff nurse anesthetist. She earned her Masters in Nurse Anesthesia at Mayo and has received an academic appointment as Instructor of Anesthesiology at the

Employment Opportunities:

Our anesthesia practice continues to grow. We currently employ 150 CRNAs, and are looking for a few more good men and women to come work with us. If you are interested in any employment opportunities, please contact Mike Quinn, CRNA, MNA at 507-266-8250 or Sharon Copeman at 507-284-8525.

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Mayo Medical School. Sharon has developed lectures at the School for Nurse Anesthesia. Her advice to future graduates is "keep your scope of practice broad so a lot of opportunities are available to you." Brandt.Sharon@mayo.edu

Janie Christianson is a free lance CRNA for surgeon's offices in Salem, Utah. (Janie's husband, Kurt, is also one of our previous graduates.) Janie's advice to future graduates is, "When someone tells you—We have a perfect case for you! It will be a great learning experience!—don't plan on going home for a while because it probably means the case will last another 6+ hours, when you have already put in at least 8!! But she thinks that graduating as a Mayo CRNA was the best thing she ever did.

Karen (Gross) Harbal worked at St. Mary's Hospital as a staff CRNA. Karen continued her education and received her Masters Degree in Nurse Anesthesia from MSHS, Nurse Anesthesia Program. While at Mayo, Karen worked primarily in the St. Mary's Ortho/Central corridor. Last year she moved to Illinois.

James Manderle worked in Topeka, Kansas for four years after graduation. Jim, his wife Sheri, and their three little boys then returned to Wisconsin. Jim works at the Theda Clark Hospital in Neenah, Wisconsin.

Joan Njus worked in Iowa after graduation. She and Val (Galligan) Ball, another nurse anesthesia graduate from Mayo, formed their own corporation and worked independently for several years. Now Joanie (and Val) have returned to work at Mayo, primarily at Methodist Hospital. Joanie still commutes from Lawler, Iowa. Her advice to future graduates is "Take a deep breath – dive in – learn all you can." Njus.joan@mayo.edu

Jean Tiemens was one of the first two students to complete their studies and receive a Masters of Nurse Anesthesia Degree at Mayo Medical Center. In 1972 Jean became a CRNA in McKeesport, Pennsylvania. After working in several cities, Jean and her family moved to Rochester. Jean has been a clinical and didactic instructor at Rochester Methodist Hospital, Orthopedic Anesthesia Supervisor, member of the student selection committee for the school, and an active member of many Mayo committees. Tiemens.alice@mayo.edu

The Class of 2001 - Where Are They Now?

Francie Lovejoy has been working at Saint Mary's Hospital in Rochester, MN since graduation in 2001. She works primarily in multispecialty, although she floats to all areas. Francie feels she has experienced many challenges since graduation but gained the rewards in meeting those challenges.

Annie Rudolph and her husband Bill are living in Albany, Oregon with their "wonderful" dog Stella. She is working for Albany Anesthesia in a group practice with four other nurse anesthetists and three anesthesiologists. The group covers two hospitals that include seven operating rooms, radiology, obstetrics, and intensive care incidentals. Annie enjoys the independence her practice allows her and has gained valuable experience since graduation in 2001.

Ted Morris is currently working in Utah in a group practice that covers two hospitals for a total of nine operating rooms. The practice involves a lot of obstetrics and they do their own regional anesthesia. Ted loves the autonomy and has learned much since graduation

Layne Summers is excited to have made it back to his hometown of Tremonton, Utah. He practices at Bear River Valley Hospital with one other CRNA, who was also a Mayo graduate.

Joe Towne, his wife Traci, and six-month-old son Caleb are in Jacksonville, Florida. Joe is now a staff anesthetist at Mayo Clinic Jacksonville, Florida. Recently, he joined the heart transplant team. Joe says he "loves" his job and it was perfect for a new graduate. In his off time Joe, Traci, and Caleb spend their time boating and camping.

Michael Cragun and his wife Jennifer are in central California. "Anesthesia is the greatest job in the world. I love being a CRNA. I come home excited every day!!" He is working in a practice with seven anesthesia providers covering two small hospitals and a surgery center.

Elly Blouw is on staff at Saint Mary's Hospital, Rochester, Minnesota. She works mostly in Cardiovascular/Thoracic but floats to multispecialty as well. Elly finds pleasure in the challenge of teaching students in both areas and enjoys the educator role.

Kathy Gorman is working at Saint Mary's Hospital, Rochester, Minnesota. She works mostly in Multispecialty but floats to all areas. Kathy likes to float and appreciates the variety of cases she gets to do.

Our Thanks

We appreciate all the new graduates who responded to our request for information! We realize how busy life can be and understand for those of you who did not have time to drop us a note. However, we hope to hear from all of you in the future and wish all of our alumni and their families the best!

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Nurse Anesthesia Program

Class of 2002

On March 15, 2002 thirty student anesthetists and one CRNA Degree Completion student participated in graduation ceremonies. The ceremony was held in Phillips Hall with close to 500 people in attendance. Congratulations to each and everyone of the 31 graduates.



CRNA Seminar Snap Shots



Becky Boenish, Bob Thomson



Jana Smith, Lois Bondy, Kathy Miller

At the 27th Mayo meeting alumni poster and oral presentation awards were presented to:

1st Place

Greta Jones, BAN, SRNA, Barbara Nord, BSN, SRNA, Jorge Valdes, BSN, SRNA, Stephen Webber, BSN, SRNA, Advisor: Gurinder M. Vasdev, M.D.

Project Title: Significant Memory and Cognitive Impairment Exists After Short Sedation Cases Despite Apparent Recovery

2nd Place

Jaylin Allen, RN, BSN, SRNA, Kristin Meincke, RN, BSN, SRNA, Marita Ramirez, RN, BSN, SRNA, Richard Watts, RN, BSN, SRNA, Advisor: Mary E. Shirk Marienau, CRNA, MS

Project Title: 'A Teaching Tool in Spinal Anesthesia

3rd Place Award

Eleanor L. Blouw, SRNA and Anne D. Rudolph, SRNA

Project Title: The Frequency of Respiratory Failure in Gastric Bypass Patients with Morbid Obesity

3rd Place

Daniel Erchul, BSN, SRNA, Tamara Haight, BSN, SRNA, Treva Miller, BAN, SRNA, Stephen Ringhofer, BSN, SRNA, Advisor: Gregory A. Nuttall, M.D.

Project Title: A Comparison of Patients that Undergo Coronary Artery Bypass

Deaths

Virginia B. Hartridge MD, 82, died November 22, 2001, at Charter House in Rochester, Minnesota. Born in Milwaukee, Wisconsin, she received her education in Wisconsin, Michigan, and Pennsylvania. Dr. Hartridge came to Rochester and the Mayo Clinic as a resident in anesthesia in 1953. She joined the clinical staff in 1957, became a clinical instructor in anesthesiology in 1964, and served as director of the Mayo School for Nurse Anesthetists. Dr. Hartridge loved being involved in education and she was an ever present source of valuable information at St. Mary's in the Orthopedic corridor. Many of us have fond memories of our experiences with her. Virginia B. Hartridge MD will be missed.

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Honored Alumni at the CRNA Seminar-October 2001



Jeri Allen, Tom Dobbe, David Myhre, Robert Thomson, Elizabeth Thomson



Marcia Belau, Sandra Johnson, Lorrie Bennet, Jade Choi, Shirley Steele, Beth Marshall



Sandy Moore, Tom Maiers



Joel Price



Douglas Nielsen

Alumni Breakfast-April 14, 2002



Dawn Matzke, Jay Martin, Craig Kluck, Sandi Beier, Michael Slye, Rita Marquardt



SRNA: Deb Maiers, CRNAs: Paul Styve, Ione Styve, Jerry Kvansnicka, Ann Sullivan, Sheri Reed



CRNAs: Sharon Brandt, Kathy Mitchell, Marge Eggenberger, Melissa Brudwick, Deb King, Joan Hunziker-Dean



SRNAs: Matt Adams, Kirsten Hermsted, CRNA: Janna Smith



Pat Kolbeck, Betsy Smith, Marlea Judd, Betty Fahrenz



SRNAs: David Sell, John Westberg, Brad Lyons
CRNAs: Carolyn Woodlee, Rebecca Boenish



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