



Mayo Clinic CRNA Alumni Update

Alumni Mission Statement: The Mayo Nurse Anesthesia Alumni will promote professional and personal relationships among its members on local, national and international levels. The association will endeavor to support the educational needs of the Mayo School of Health Sciences, Nurse Anesthesia students.

Mayo Clinic CRNA
Alumni Committee

Chairperson

Lori Brundige

CRNAs

Sandi Beier

Lorrie Bennett

Melissa Brudwick

Sarah Crilly

Terry Egbers

Joan Hunziker-Dean

Marlea Judd

Deb King

Craig Kluck

Kathy Latcham

Mary Shirk Marienau

Todd Meyer

Shannon Monosmith

Joel Price

Mavis Ward

Carolyne Woodle

Alumni Support

Deborah Oscarson

Dr. Beth Elliott

Terry Brandt



Alumni Gala 2006

Greetings Mayo Alumni

It is my pleasure to bring you another addition of the alumni newsletter. Although I have worked on the newsletter for several years, I bring this 2009 edition to you as the new nurse anesthesia alumni chairperson. Being your chairperson is quite an honor for me. However, the shoes I was left to fill are quite large. Join me in thanking Marlea Judd for her past exemplary service as chairperson. Her dedication to the association and continued service as an alumni committee member are greatly appreciated.

I would also like to thank all alumni for your continued financial contributions. Our alumni fund continues to grow through your generous support. As you may recall, in 2005 the alumni association purchased a fiberoptic intubating scope for educational use. It is kept in the Siebens Building and is available for use by nurse anesthesia students and CRNA's. Your charitable donations made this gift possible and we hope to be able to provide similar educational assets in the future.

It is always a pleasure to see everyone who is able to attend the Annual Seminar for Nurse Anesthetists. We miss those of you who are not able to attend. While in Rochester in the nurse anesthesia program you created professional networks and personal friendships. Those networks and friendships wholeheartedly want to keep up with you now. Sometimes the newsletter is the only way your colleagues are able to do this. This year we did not include the "Honored Years" information that comes from the biographical sketches in the newsletter because we had so little new information. I would ask that all nurse anesthesia alumni please return the biographical sketch form you receive with this newsletter and seminar brochure. Please fill it out and bring it to the seminar or mail them to us. Our committee along with your colleagues and friends would love to hear how and what you have been doing over the years.

I hope you enjoy this years newsletter. I look forward to my new responsibilities as your chairperson and am excited to see, and hear, from all of you!

Sincerely,
Lori Brundige, CRNA, MNA
Mayo CRNA Alumni Chairperson

Alumni Gala Event

It's back! The excitement is building for the 2009 Mayo CRNA Alumni Reception and Dinner. Alumni committee members are making lists, planning, listening to music and tasting food to insure an absolute perfect evening for everyone.

The dinner and reception was last held in 2006 and received rave reviews. I have included photos from the 2005 and 2006 dinner to remind everyone what a great evening we enjoyed together. I am hoping that we will have many returning guests this year. Furthermore, I would strongly encourage anyone unable to attend in the past to join us this year. You will not be disappointed.

This fantastic event will be on Friday evening, November 6th in the beautiful Landow Atrium in the Gonda building. To register for the reception and dinner please indicate your intentions on the Mayo Seminar for Nurse Anesthetist registration payment form.

I would like to take this opportunity to again thank the Mayo Alumni Association for their generous contribution to this event and continued support for our CRNA alumni events.

Loyal Graduate

Jack Gruca was a 1958 graduate of the Mayo Nurse Anesthesia Program. Consequently, he celebrated his 50 year anniversary as a CRNA in 2008. Furthermore, Jack has attended the Mayo Seminar for Nurse Anesthetists every year. Since his inception Jack was recognized during the 2008 seminar for his dedication to our profession and committed attendance at the seminar. Congratulations Jack.



Jack Gruca

Tidbits of History

Jack Kless provided us with information regarding the organization of the Mayo Clinic Seminar for Nurse Anesthetists. The seminar started in 1974-75 as the Nurse Anesthetist Reunion. The three day event included educational sessions, dinners, brunch, social hours and a dance. Topics for the educational sessions included pain control, pain control in the intensive care unit, regional block, narcotic anesthesia and a question and answer panel. A certificate of attendance was signed by the program chairperson and given to attendees.

It is priceless to be given this kind of information about our past. Thank you to all past and current seminar planning committees. It is your diligence and hard work that allows us to reunite in an educational forum where we can also reminisce about the past and plan for the future.



Elizabeth Thompson and daughter Sandra



Mr and Mrs Jack Guca

Mayo Clinic College of Medicine, School of Health Sciences Master of Nurse Anesthesia Program Update

Mary Shirk Marienau, CRNA, MS

Another year has passed and changes in the economy and life have taken place which impact all of us. Although the economy is asking everyone to be more cost effective, we have been very careful not to make changes that would lessen our ability to provide our students with a great education.

Last fall Irv Plitzuweit, PhD taught his last nurse anesthesia chemistry class. Irv started teaching chemistry to our students in 1995. For 14 years he has been, not only our chemistry instructor, but he has also been a strong supporter of many students as they progressed through the program and throughout their careers. We send a huge "thank you" to Irv for his commitment and support of our program and students.

Although it was sad to say "good-bye" to Irv, we are excited to be welcoming Dr. Jeff Pasternak as our new chemistry instructor. Jeff is a neuro anesthesiologist who had an interest in chemistry in his undergraduate days and has continued throughout his medical education



Marlea Judd



Terry and Lori Allen

and career as an anesthesiologist. Jeff will be using a new textbook and has graciously agreed to pioneer the use of Blackboard for our program. He plans to place a large amount of the course material on Blackboard, our new electronic communication/teaching tool.

This past year we developed a core group of instructors for the Simulation Center. Eric Larson (Class of 2005), Shannon Benson (Class of 2008), Robyn Finney (Class of 2003), Cory Groves (Class of 2007) and Erin Martin (Class of 2005) make up this enthusiastic group. As a result of this group's efforts, we are looking forward to enhanced simulation experiences for our students.

This past September, 26 members of the Class of 2011 started their educational journey to become a CRNA. We have selected another 26 enthusiastic, bright and motivated RNs to start the program September 14, 2009. For the Class of 2012, we selected 19 Minnesotans. The other 7 students will come from WI, ND, UT, GA, CA, and WA.

Last year eighteen senior students presented their research project posters at the AANA National Meeting (Minneapolis). Again this year, all poster submissions were selected for presentation at the Annual AANA Meeting (San Diego). A total of 16 seniors traveled to San Diego to present their research projects via posters. This coming October, the seniors will also exhibit their posters at the State MANA Meeting and again at the 35th Annual Mayo Clinic Nurse Anesthesia Seminar (November 4-6, 2009).

As I shared with you last year, we continue to cautiously explore the steps needed to become a clinical doctorate (DNP) program; possibly in 2013. A few years after the start of the DNP Program, we plan to develop a DNP Degree Completion program for those of you who want to continue your graduate education.

Graduation 2009

Graduation ceremonies were held on March 14, 2009, for members of the Class of 2009. Again this year, it was standing room only in Phillips Hall. Wayne (Nick) Nicholson, M.D., Pharm D. was the invited graduation speaker. Dr. Nick's message to the graduates and the audience was just as enthusiastic and powerful as the lectures he provided to the graduates in his Advanced Pharmacology I course, their Advanced Anesthetic Considerations course and a senior pharmacology review.

This year twenty-five SRNAs were granted their Master of Nurse Anesthesia (MNA) degree. Two CRNA Degree Completion students also received their MNA degree.

“Congratulations to all” for a job well done, in both your classroom and clinical endeavors.

The Class of 2009 has done very well on their certification exams. 100% of this year’s graduates can now call themselves CRNAs!

CRNA Degree Completion grads

2009 Graduation Awards

SMH Nurse Anesthetist Educator Award:



Seated: Dixie Bakken, Sarah Waldo, Joan Silverstrand, Shala Bain, Tori Ama, Tia Stringer, Brandee Kroening
Row 2: Melissa Weismann, Natalie Johnson, April Kennedy, Dawn Clark, Amy Plackner, Connie Meiners, Souphaphone Bounmythavong
Row 3: Jodee Blaze, Emmanuel Lujero, Jolene Stemmann, Ryan Diegel, Amanda (AJ) Sterry, Brent Wise
Row 4: Jason Brian, Matthew Koedam, Charles Brommer, Kurt Hiatt, R. Duncan Olson

Robyn E. Finney, CRNA MNA
 RMH Nurse Anesthetist Educator Award:



Stan Bargfrede, David Myhre

Joan M. Njus, CRNA MNA
 Physician Educator Award:
 Juan N. Pulido, M.D.
 Special Recognition Award:
 Adam K. Jacob, M.D.

Student Awards

Robert R. Johnson Achievement Award:
 Brandee Kroening, BSN
 Gilles, Nelson, Torrance Alumni Award:
 Amy Plackner, BSN
 Rebecca S. Finley Alumni Award:
 Shala Bain, BSN
 Virginia B. Hartridge Achievement Award:

Dawn Clark, BSN
 Robert A. E. Devloo Book Award:
 Brandee Kroening

34th Annual Mayo Clinic Seminar for Nurse Anesthetists Student Poster Presentation - Award Winners

1st Place award

Relationship of Coagulation Tests to Transfusion in the Adult Cardiac Surgical Patient During the Immediate Postoperative Period
 Brandee Kroening, BSN; Sarah Waldo, BSN; Ryan Diegel, BSN; Charles Brommer, BSN

2nd Place Award-Tie

Does Preloading to a Heat and Moisture Exchanger, (HME), With Saline Decrease Time to Optimal Efficiency?
 Jason Brian, BSN; Kurt Hiatt, BSN; Matthew Koedem, BSN; R. Duncan Olson, BSN

2nd Place Award-Tie

Implications of Pharmacogenomics for the Anesthesia Provider
 Tori Ama, BS; Jodee Blaze, BSN; Souphaphone Bounmythavong, BSN; Melissa Weismann, BSN

3rd Place award

The History of Nurse Anesthesia Education at Mayo Clinic
 Shala A. Bain, BSN; Natalie N. Johnson, BSN

Book Awards presented to:

Changes in Red Blood Cell Transfusion Practice During the Turn of the Millennium: A Retrospective Analysis of Adult Patients Undergoing Elective Open Abdominal Aortic Aneurysm Repair Using the Mayo Database
 Dixie Bakken, BSN; April Kennedy, BSN; Jolene Stemmann, BS, ADN; Tia Stringer, BAN

Cardiac Device Lead Extraction: Identifying Patients at Increased Risk for Major Intra-procedural Complications
 Dawn Clark, BSN; Connie Meiners, BSN; Amy Plackner, BAN; Joan Silverstrand, BSN

Implementation of Thrombelastography (TEG) in the Coagulation Management of Patients Undergoing Extracorporeal Membrane Oxygenation
 Amanda Jo Sterry, BSN; Emmanuel Lujero, BSN

Retrograde Flow of Fresh Gas Through the Aestiva 5 Anesthesia Machine
 Brent Wise, BSN; Stan Bargfrede, CRNA

Meet Your Alumni Committee



Sandi Beier a 1978 graduate of the nurse anesthesia program, retired from Mayo Clinic in 2001. She remains a supplemental CRNA at Rochester Methodist Hospital. Sandi also remains active as an alumni committee member, mother, grandmother and wife.



Lorrie Bennett graduated from the nurse anesthesia program in 1991 and received her MNA in 2000. Lorrie has not only been active as part of the nurse anesthesia alumni committee but is the past president of the Mayo Alumni Association. She currently works on Gonda 7, outpatient surgery. In her time away from work Lorrie loves photography, hiking and traveling. Furthermore, Lorrie has generously donated her time as an anesthetist, working on four mission trips to Guatemala. She will return to Guatemala in January of 2010 on her fifth volunteer mission.



Melissa Brudwick graduated from the nurse anesthesia program in 1996 and received her MNA in 1998. Melissa splits her clinical work time between the outfield, vascular lab and multi speciality at St Marys Hospital. She enjoys spending time with her two daughters.



Lori Brundige received her MNA from the nurse anesthesia program in 1999. She has worked at Rochester Methodist Hospital, St Mary's Hospital vascular lab, the outfield and Gonda 7 OPC since graduation. Currently, Lori is the CRNA Supervisor for the South Division and Anesthesia Assistants at RMH.



Sarah Crilly is a 2005 graduate of the nurse anesthesia program. She currently works as a CRNA in the cardiac lab at Saint Mary's hospital. Sarah has played a crucial role in setting up a Mayo Nurse Anesthesia Program alumni room at the AANA national meeting in years past. Sarah stays active with her family in her downtime.



Terry Egbers was a graduate from the nurse anesthesia program in 1978 and received her Masters in Art and Healthcare Administration in 1998. Terry worked as a staff anesthetist from 1978-1986. She served as the assistant CRNA supervisor in Orthopedics from 1986-1993, CRNA supervisor for Cardiac from 1993-2006 and has been the CRNA supervisor for Neuro and Central at Saint Marys Hospital since 2006. In addition, Terry plays a key role in anesthesia charting and billing. I am sure she wishes we used the sentence, "Just call Terry" less frequently. Terry is one of the original members of the nurse anesthesia alumni committee and past chairperson.



Joan Hunziker-Dean graduated from the nurse anesthesia program in 1995 and received her MNA in 1998. She worked as a staff anesthetist for the Central Division at St. Mary's Hospital for several years. Joan now works on Gonda 15, OPC. Joan has given historical presentations about early nurse anesthesia at the Mayo Clinic. Away from work she enjoys gardening, knitting, cooking and tennis.



Marlea Judd graduated from the Nurse Anesthesia program in 1988 and received her MNA in 2001. Since 1988 she has worked as a staff member in the South Division at RMH, CRNA Supervisor for the South Division and Anesthesia Assistants at RMH, instrumental in creating a core group to do "outfield" anesthesia and the start up of Gonda 7 and Gonda 15; Mayo Outpatient Surgery Centers. She is currently the anesthesia assistant and CRNA supervisor for Gonda 7, Gonda 15 and the outfield anesthesia practice. Furthermore she is the previous chairperson for our alumni committee.



Debra King is a staff anesthetist for the Central Division at Saint Mary's Hospital and Gonda 15; outpatient surgery. She graduated from the nurse anesthesia program in 1995 and received her MNA in 2001. Deb is now working to complete a Doctorate of Education and Leadership. Continuous learning and a "can do" attitude seem to be Deb's motto. She enjoys traveling in her time away from work.



Craig Kluck graduated from the nurse anesthesia program in 1984 and received his MNA in 1999. Craig has worked most of his career at Rochester Methodist Hospital. He currently works in the South Division at RMH. Craig has organized the annual alumni breakfast for the past several years which is greatly appreciated. Craig enjoys going to his cabin in northern Minnesota when he is away from work. Craig recently had an article published in the Rochester Post Bulletin about taking children on vacation within a budget. He is now a local celebrity!



Kathy Latcham is a retired nurse anesthetist. She graduated from the nurse anesthesia program in 1979 and worked in orthopedics throughout her career. Even in her retirement Kathy continues to work supplemental at Rochester Methodist Hospital. She teaches classes in the Nurse Anesthesias Program and is our early alumni member.



Mary Marienau graduated from the nurse anesthesia program in January of 1979. She later received her MS in Counseling Education and is currently working on her Ph.D. Mary has been the Director of the Mayo Clinic College of Medicine, School of Health Science Master of Nurse Anesthesia Program for 12 years. Mary was assistant supervisor of SMH MS area from 1981-1997. She also was the CRNA on-call 24/7 for seven years for the Pediatric Liver TX program. She is currently co-chair of the National Council on Accreditation.



Todd Meyer is a staff CRNA at Rochester Methodist Hospital. Todd obtained his BSN from the University of Wisconsin in 1998 and graduated from the nurse anesthesia program, MNA, in 2005. Prior to nursing and anesthesia Todd had received a Bachelor of Business Administration from the University of Wisconsin. As a result of his research project during his Anesthesia education, he is currently an integral part of preparing cadavers for the advance monitoring workshop.



Shannon Monosmith is a 2005 graduate of the nurse anesthesia program. Her anesthesia home is orthopedics at Rochester Methodist Hospital where she works part time. She also floats to Gonda 7 and Gonda 15; Mayo Outpatient Surgery Centers (OPC). Since graduating, Shannon has been a huge asset to the Alumni Committee. She stays active with a husband and two small children.



Joel Price currently works at Rochester Methodist Hospital part time. He graduated in 1986 and has spent his career at RMH. Joel works in orthopedics but also floats to Gonda 7 and Gonda 15; Mayo OPC. Joel religiously assists Craig with the alumni breakfast. Outside of work Joel loves to be on the golf course and with his family.



Mavis Ward is a 1988 graduate of the nurse anesthesia program and received her MNA in 2002. Mavis splits her career time between the vascular lab, the outfield and multi specialty at St Mary's hospital. Outside of work Mavis enjoys her family and motorcycling.



Carolyn Woodle was a 1979 graduate of the nurse anesthesia program and spent her career as a staff anesthetist at Rochester Methodist Hospital. Carolyn is now retired and enjoys traveling and family.



Terry Brandt, Administrator
Department of Anesthesiology



Beth Elliot, M.D. Medical Director
Alumni Committee and Master
of Nurse Anesthesia Program



Deborah Oscarson, Mayo
Alumni Association CRNA
Support

Condolences

The nurse anesthesia alumni family would like to extend our heartfelt sympathy to Pat Montgomery Wick and her family due to the sudden and untimely passing of her daughter Cheryl. Our thoughts are with you.

Alumni Gala 2005 and 2006



Ione Styre, Joe Stumvoll, and Marcia Kluck



Joe Judd and Dee Lichty



Deb Oscarson and husband



Todd Meyer and Steve Lee



Lorrie Bennett and guest



Brian and Betsy Ogren and Kerry and
James Rosanne



Marcia Belau and Marilyn Weis



Jonny Kelly

In April of this year I traveled to Las Vegas, Nevada for a reunion. It was a reunion of the Mayo College of Medicine and School of Health Sciences Nurse Anesthesia Class of 1999. It was a very melancholy trip for me. The memories that were brought to the surface by spending time with my old classmates reminded me of how important being a Mayo Alumni can be; for many and varied reasons.



Deborah Stoner



Kathleen Griesemer

everyone) One of my classmates invented the idea to tape our Physiology lectures, have them transcribed and use them to study with. (saved our lives, well careers, thanks Kathleen)



Michele Wnuk

We may still want to keep in touch because we were there for each other on a much deeper level than academic. We had baby showers, engagements, teenagers, and experienced death

of family members together. We laughed, cried, grieved, struggled, offered advice and spent time in silence not knowing what to say sometimes. We were passionate about each others success, not just in school, but in life.



Maurice Young

It was my classmate Kathleen Griesmer that started the reunion ball rolling. She took the time to try and contact everyone. Despite her busy life and family she was drawn to bring us all back together. So just ten short years after we all stood in Phillips Hall, on what we deemed, the happiest day in our career, we reunited in Las Vegas.



Cynthia Fitzgerald



Karen Huitika

We talked about rationing toilet paper, shared meals, saved cookie frosting for classmates and went to the occasional happy hour. Even those who chose not to drink alcohol came along and spent that hour being very happy; or sharing our misery. We helped each other move from apartment to apartment, did secret Santa and



Charlotte Pumphrey

March 12th 1999 represented the culmination of 2.5 years of grueling academics,

extremely long clinical hours and not a drop of personal time. That evening at graduation we just knew it couldn't have been any harder nor could we be any happier to be finished. Yet as we all prepared to go our separate ways in the next few weeks, we were sad to leave each other. Moved to Paragraph



Barbara Quist



Shallesh Sharma

What exactly did we share during our education in Rochester that has kept us in contact for ten years as Mayo Alumni? It could have been the study groups that stayed up until all hours of the night, or all night, in the light of the study tables



Dennis Forcelle



Wynn Redmon

outside the Siebens Library. We would go over and over our physiology notes until we were numb. Then we would laugh hopelessly when we disagreed and nobody knew for sure where to find the right answer.

If someone had to miss class two or three people would take notes, copy them and make sure the missing person was informed and ready for the next exam. We shared books, made copies of syllabus's to save everyone money, and tutored those who needed extra help. (Thanks for the chemistry help



Eric Herrold



Robin Ridenour

I have a very rose colored memory but it wasn't always easy spending all that time together. We had an occasional disagreement within the group. It might be that the ride to school was late in picking someone up...again. Maybe we just got tired of giving of ourselves so we kept to ourselves for a day or two. What ever it was that came between us now and then it didn't take us long to find our way back to the group we relied on so heavily. I think it was Karen who said once, "Oh just shut up and make up so we can get on with it." (leave for



Jeanmarie Sowa



Marilyn Weis

happy hour) I don't even remember for sure if that was about a happy hour but it was perfect at the time. (have to love Canadian honesty)

So what is my point in this trip down memory lane? I realized there must be class after nurse anesthesia class that feels somewhat this way about those you graduated with. It takes a lot of perseverance to be a nurse anesthetist but it takes a nurse anesthesia class to build a life experience for success.



Thanks to the class of 1999 for the memories and the reunion! I will be there the next reunion too. I would encourage all classes to keep in touch and cherish the memories; they definitely play a part in your life today no matter when you graduated.

Front Row: Robin Ridenour, Cindy Fitzgerald, Kathleen Griesmer, Lori Brundige, V. Wynn Redmon
Middle Row: Deb Stoner, Jonny Kelly, Maurice Young, Shailesh Sharma, Jeanmarie Sowa, Barbara Quist, Karen Huitika
Back Row: Charlotte Pumphrey, Marilyn Weis, Dennis Forcelle, Eric Herrold, Michelle Wnuk



Don't Be... "A FISH OUT OF WATER" ...
 Join the
**MAYO SCHOOL OF HEALTH SCIENCES
 ALUMNI COMMUNITY**

Follow these instructions to register:

1. Go to <http://www.mayo.edu/alumni/index.html> and click on the Mayo School of Health Sciences Alumni Association link
2. Click on the MSHS Login link located in the left-hand navigation area
3. Click on the New User Registration Link and follow the steps presented on the page
4. You will receive an e-mail when your registration has been processed
5. Log on to the site with your newly created User ID and Password
6. Click on the MSHS Update My Profile link located in the left-hand navigation area
7. Uncheck the "Make Private" boxes on those fields you want other alumni to view
8. Make changes or additions to your biographical information. Click "Update" when you are done.
9. Return often and share information on the Colleagues Notes page and read about important information from your program director on the Alumni Groups page.

This interactive Web site is an easy way for you to network and maintain contact with colleagues, classmates and Mayo Clinic, and to find out what is currently happening with your program.

HOPE TO SEE YOU THERE!

CRNA Seminar 2008



Lorrie Bennett and Rebecca King



Joan Hunziker-Dean, Marcia Kluck and Patrick Dean



Margaret Eggenberger, Felisa Lee and Kathryn (Ross) Allen



Jerri Allen and Pat Wick



Steve Lee

Anesthesia Alumni Breakfast



Kevin Lindeen, Deb King, Cindy Ryan, Christy Lewis, Steve Comisky, Jay Bergner



Travis Werts and Mike Hansen



Chris Waiz, Roger Pula, Dick Loken and Su Draper



Don Vehrenkamp, Jean Hunziker-Dean and Rick Vanderbosch



Dave Streyle, Joe Stumvoll and Steve Lee



Alumni breakfast



200 First Street SW
Rochester, Minnesota 55905
www.mayoclinic.org

MC0086-10rev0909

©2009 Mayo Foundation for Medical Education and Research (MFMER). All rights reserved.
MAYO, MAYO CLINIC and the triple-shield Mayo logo are trademarks and service marks of MFMER.